

The Spa at The Harper

IRENE
FORTE
NATURA E SCIENZA

We think you'll love Irene Forte Skincare products, and the treatments Irene has created for us. The go-to brand for sustainable skincare, it's a natural fit for The Harper. Irene's ethos of science and nature working in harmony means the products we offer have real substance – this is beauty that's more than skin deep, if you will. Recognised as the 'New Natural', it's akin to a Mediterranean diet for your skin, nourishing it from the outside in with over 75 active ingredients. Each product is handmade, nutrient-rich and certified vegan, so it's no surprise that Irene Forte Skincare is accredited by Positive Luxury for sustainable excellence. We're feeling better already...

Facials

Regenerating Facial 85 minutes | £100

Hot and cold volcanic stones rebalance, revitalise and relax. A double mask application promotes skin firmness, hydration and radiance. Our signature triple facial massage technique stimulates circulation, oxygen and nutrient flow, enhancing natural collagen production. A fresher, firmer complexion.

Forte Facial 55 minutes | £75

Tailored from an in-depth skin analysis, using a choice of:
Forte Purifier: for combination skin, to deeply cleanse and refine the skin's texture. Includes extraction.

Forte Brightener: for dull and tired skin, to help regain its radiance and luminosity.

Forte Hydrator: for dry and dehydrated skin, deeply nourishing to leave it silky smooth and hydrated.

Express Facial 25 minutes | £45

The ultimate quick fix, for tighter skin and more sculpted facial muscles. Expect a hard workout! After exfoliation, our signature double facial massage technique targets facial pressure-points, and finishes with a Rose Face Oil workout. Knuckling and skin rolling stimulate circulation and enhance natural collagen production.

Massage

Deep Tissue 55 minutes | £70

Reaching deeper muscle layers, this releases connective tissue restrictions to reduce muscle tension and improve posture.

Swedish 55 minutes | £70

A therapeutic massage that works on the soft tissue to help balance and calm the nervous system.

Back, Neck & Shoulder 25 minutes | £40

A classic massage designed to target and release tension in these areas.

Indian Head 40 minutes | £45

A deeply relaxing massage that relieves tension in the scalp, neck and shoulders, of particular benefit for migraine sufferers.

The Harper Trio

55 minutes | £85

Three really is a magic number in this powerful blend of The Harper's signature Back, Neck & Shoulder massage, a tailor-made Irene Forte Express Facial, and a nourishing hot oil scalp massage to finish - the ultimate massage/facial combo with multiple benefits.

Beauty services

For the hands, choose from the Express Manicure (25 minutes, £30) for a quick file and polish, or the Classic Manicure (45 minutes, £40) for nail shaping, cuticle care, a nourishing hand massage and a polish of your choice.

For the feet, a Classic Pedicure (60 minutes, £50) includes nail shaping, cuticle care, hard skin removal, a relaxing foot massage, and a polish of your choice.

To book your treatment in advance of your stay, please email spa@theharper.co.uk

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